

# Knox County Donor Breastmilk Drop Site



If you have extra breastmilk, please consider donating to babies in need.



OHIO



Women, Infants, and Children Program



## DROP SITE



11660 Upper Gilchrist Road  
Mount Vernon, OH 43050

# How to Donate Your Breastmilk

- Participate in a phone screening to verify eligibility
- Receive and read the Mothers' Milk Bank information packet
- Participate in a medical and lifestyle history and review
- Complete a medical release form signed by the donor and healthcare provider for both the donor and baby
- Consent to and receive a comprehensive blood test to screen for HIV, HTLV, Hepatitis B, Hepatitis C, and Syphilis

## Common Q&A

- Can I donate milk that was frozen before my blood screening?  
Yes - donation can go back up to 8 months
- Do I have to use special freezer bags?  
No - any food safe storage bags or containers
- Is there a specific quantity I should freeze in each bag?  
Any frozen amount works, but don't overfill the bags
- How "old" can my milk be when I donate it?  
Milk has to be frozen - it can be up to 8 months old
- What is the minimum quantity I can donate?  
150 oz. is requested to help cover costs
- Should colostrum be labeled any differently?  
No - all milk is "pooled together" when processed
- I was approved to be a donor with my last baby - am I still eligible?  
Yes, but you will need to repeat the cost-free lab work

**The Knox County Community Health Center, located inside Knox Public Health, will provide the necessary blood tests at no charge. To schedule an appointment, call 740-399-8008**



**Take the first step,  
call OhioHealth  
Mothers' Milk Bank  
(614)566-0630**

**Your Knox County Milk Bank Representative:  
Heidi Myers CLC, CLS**

Questions?

740-392-2200 ext 2283    hmyers@knoxhealth.com