

News Release – 1 page

From the Knox County Health Department

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**For more information, contact
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Planning a hip or knee replacement? Plan to attend March 20 program

The Knox County Health Department will once again offer “Out with the Old, In with New,” a unique preparation class for those planning hip or knee replacement surgery. The program will take place Tues., March 20 from 5-6:30 p.m. in the conference room at the health department, 1166 Upper Gilchrist Rd., Mount Vernon.

The class is free and open to the public, regardless of where you are having your surgery. You do not need to pre-register for the class.

“Out with the old, In with the New” is taught by Taryn Boyd, a physical therapist with the health department’s home health care program. Topics covered in the class include: what to expect while in the hospital, after surgery and when you get home; plus home health services and the importance of physical therapy.

The class is being held the same night as the health department’s monthly late clinic. The health department offers extended hours on the third Tuesday of every month. Medical clinic services available during the extended hours include TB tests, immunizations for both children and adults, including Tetanus shots and all shots required for school; rapid testing for HIV and STD counseling. The dental clinic will be open for scheduled appointments.

Additional services available during the extended hours include birth and death records, water and well permits, water testing, food service permits and WIC nutritional counseling.

For more information, call 399-8002.