

# News Release



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## **Two-day course for senior drivers returns to health department**

If you are over the age of 50 and feel like life is speeding by – literally – you might be interested in a refresher driving course. A lot has happened in the 30-plus years since you first got behind the wheel: more gadgets to operate, more vehicles on the road and more distractions that pose a danger when driving.

To help you navigate these changes, the Safe Communities Coalition is bringing back the popular two-day course, *Safe Driving for Mature Drivers*, it hosted earlier this year. The course will be held on Aug. 24 and 25 from 10 a.m. to 2 p.m. at the Knox County Health Department. Lunch will be provided both days.

The course is presented by AAA and is state certified which will enable attendees to get a discount if offered by their auto insurance provider. The course is taught by Mary Lou Gallimore, adult traffic manager with AAA, and is available to AAA members and non-members.

The course provides drivers with the skills and tools they need to drive safely on today's roads, including defensive driving tips, new traffic laws, rules of the road and how roads have changed.

There is a \$15 charge for the two-day course. Attendees can pay by check or cash on the first day of the course. Checks should be made payable to AAA. Attendees need to bring a valid Ohio driver's license.

Pre-registration is required. To register, call Alayna Anderson at the Knox County Health Department, 740-392-2200, ext. 2232.

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