

To the Citizens of Knox County

The Knox County Health District has established many partnerships and collaborations with agencies and individuals throughout Knox County. Together with these partners we are planning for the possibility of pandemic flu. As part of this preparation and planning, more than 700 flu shots were administered at the drive-thru flu shot clinic at the Knox County Fairgrounds in 2006.



Health Commissioner Dennis Murray and Terri Donlin-Huseman of the Osteopathic Heritage Foundation during presentation of the Quality of Life Grant.

The Health Department continues to provide health education in area schools, as well as promote good health practices in our community and care for those who need home health care services. Our medical and dental clinics, as well as early childhood programs, maintain busy schedules throughout the year.

In addition, protecting the environment and conducting environmental inspections continue to be an important part of the Health Department's responsibility.

Also, passage of the statewide Smoke-Free Workplace Act has provided new opportunities for the Knox Out Tobacco cessation program, and promises new responsibilities for the Health District in the future.

On behalf of the Board of Health, I am pleased to present the 2006 annual report of the Knox County General Combined Health District. To assure a healthier and safer Knox County, we continue to promote healthier lifestyles, work closely with our partners to provide the advanced preparation necessary in times of disease outbreaks or natural disaster, as well as continued care and support of the community. These are essential public health services provided by the dedicated staff at the Knox County Health Department.

Dennis M. Murray
Health Commissioner



2006 KNOX COUNTY BOARD OF HEALTH

Members of the Board of Health for 2006 were: L-R, (seated) President K. Lee Rhoades; President Pro-Tem Laura Haberman, R.N.; (standing) Eric Siekkinen, R.Ph.; Ronda Hathaway, R.N.; Gary Mizer; L. Keith Plocki, M.D.; Edward Bowlus, D.V.M.; Shirley Timpe, R.N.; and Jeff Harmer.

Rhoades, Hathaway and Timpe are appointed by Mount Vernon City Council; Haberman, Siekkinen, Mizer, Plocki and Bowlus are appointed by the District Advisory Council; Harmer is appointed by the Licensing Council.

MISSION STATEMENT

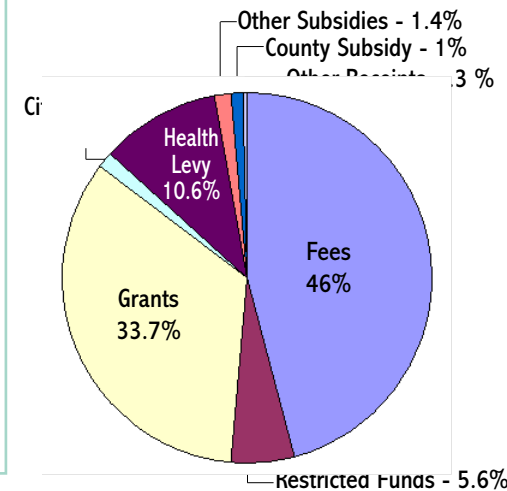
We are dedicated to promoting and protecting the health and well-being of our residents and communities by providing quality services and educational programs to prevent the incidence of disease and unhealthy conditions.

Financial Overview

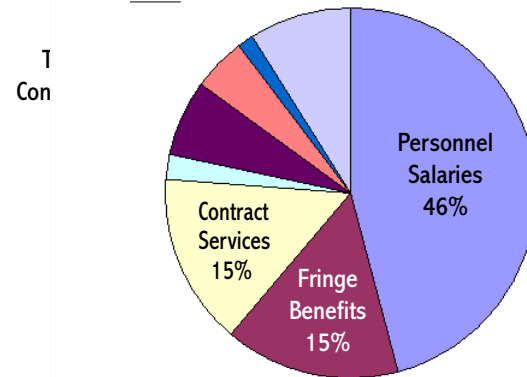
REVENUE SOURCES*

Fees	\$1,426,690
Grants	1,047,068
Health Levy	328,754
Restricted Funds	173,218
Other Subsidies	43,116
Mount Vernon City Contract	42,436
County Subdivision Subsidy	38,500
Other Receipts	8,267
Total Revenue	\$3,108,049

* The 2006 budget included a carryover of \$1,189,931 from 2005.



Other Expenses - 5%
Supplies/Office Expense
Equipment - 1%
Office Space



The Knox County Health Department is an Equal Opportunity Employer/Provider.

EXPENSES BY ACCOUNT

Personnel Salaries	\$1,513,485
Fringe Benefits	512,116
Contract Services	490,742
Travel/Conferences	79,420
Supplies/Office Expenses	219,748
Other Expenses*	150,994
Equipment	43,036
Office Space Costs	298,423
Total Expenses	\$3,307,964

* Other expenses include: State fee transmittals, lab fees, marketing/promotion, state audit fees, liability and property insurances.

PROGRAM GRANTS

Abstinence Education	\$38,308	Quality of Life/Wellness Coalition	50,000
Child & Family Health Services	73,449	Radon Awareness	400
Dental Clinic	61,284	Safe Communities	27,385
Help Me Grow Part C	66,573	Senior Wellness Grant	8,583
Help Me Grow GRF	44,885	Suicide Prevention Grant	10,000
Help Me Grow TANF	194,688	Tobacco Prevention Grant	158,400
KCI&FS - Circle of Friends	10,041	WIC	177,916
Immunization Action Plan	35,993	Women's Health Month	1,100
Public Health Infrastructure	88,063	Total Grants	\$1,047,068

63 TOTAL EMPLOYEES - BY DIVISION

Family & Community Health	33	Administration/Vital Statistics	4
MEDICAL & DENTAL STAFF	7	Finance Office	4
HELP ME GROW/BCMH STAFF	8	Health Promotion Services	5
HOME HEALTH CARE STAFF	13	Environmental Health Services	6
WOMEN, INFANTS & CHILDREN STAFF	4	Contract Personnel	11

2006 ANNUAL REPORT



11660 Upper Gilchrist Road, Mount Vernon, OH 43050
Phone 740-392-2200 • www.knoxhealth.com

VITAL STATS

Birth & Death Records

Births Recorded	397
Teen Mother Births	22
Premature Births	19
Mothers Who Smoked	123
Unwed Mothers	177
Deaths Recorded	488
Fetal Deaths	2
Child Deaths	6
Trauma Deaths	1
Leading Causes of Death	
Heart Related	171
Cancer	120
Lung Disease	31
Strokes/CVA	25
Flu/Pneumonia	18
Accidents	9
Suicide	3
Certified Copies Issued	4,312
Birth	2,271
Death	2,041

ENVIRONMENTAL HEALTH SERVICES

Rabies Control Program

Animal Bites Reported	120
Dog	92
Cat	20
Other	8
Specimens to Lab	20
Positive Rabies Test	0

Food Protection Program

Licenses Issued	565
Inspections	803

Private Water Program

Permits to Install	167
Total Inspections	208
Consultations	216
Water Samples	
Collected by HD	341
Collected by Others	307
# Reported Unacceptable	153

Residential Sewage

Site Evaluations	312
Permit to Install	262
Number of Inspections	261
Consultations	911

Public Health Nuisances

Nuisances Reported	313
Number Valid	248
Investigations	571
Nuisances Abated	307

2006 HIGHLIGHTS AND STATISTICS



Karla Adu, a certified family nurse practitioner, examines Kyle Fowler during a visit to the medical clinic. Adu joined the Health Department medical staff on a part-time basis in January.

◆ **The Environmental Health staff worked with the Knox County Commissioners to identify locations for central sewage systems in unincorporated areas that have experienced increased population growth. The areas include Amity, Mount Liberty, Millwood, Brandon, Bladensburg, Rich Hill, and the marina area at Knox Lake.**

◆ **As part of National Nutrition Month, the WIC staff offered healthy recipes to the public. Recipients could also register for \$20 gift cards to buy fruits and vegetables at local grocery stores.**

◆ **In April, Lindsay Davis, a registered nurse with the BCMH program, started a support group for children and families affected by juvenile onset Type I diabetes. The group meets bi-monthly.**



Danielle Dudgeon, a student nurse with North Central State, tests the blood sugar of a Danville man during a Senior Wellness Clinic. With funding from The Station Break Senior Services Levy, the Health Department offered monthly Senior Wellness Clinics at various locations.

◆ **Tobacco cessation classes involved 278 adults through ongoing weekly classes and worksite offerings. More than 1,300 students were surveyed for tobacco use and more than 1,500 received prevention education.**



In collaboration with Ohio Association of Second Harvest Food Banks, the Health Department hosted a series of free sessions called My Medicare Matters, to help senior citizens understand the new Medicare Part D and to choose coverage options. Nearly 200 people participated in the sessions.



Following statewide passage of Issue 5, the Smoke-Free Workplace Act, the Health Department provided free, laminated, adhesive signs to agencies and businesses which they are required to post as part of the law. While the law went into effect Dec. 7, 2006, enforcement of the law has been delayed until late spring 2007 when the rules of enforcement are expected to be in place.

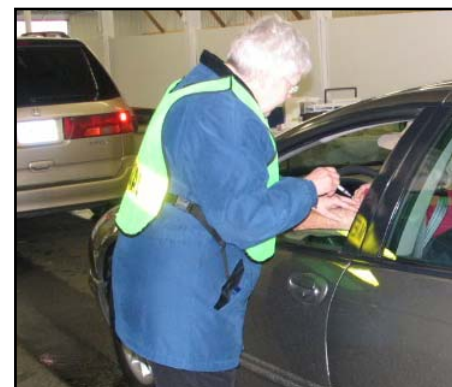
◆ **In May, the bacterial meningitis death of an 18-year-old Fredericktown college student was determined to be an isolated case. Antibiotics were provided to family members and co-workers. Preventive vaccine was promoted to college-bound students.**



Dr. Cassamassimo, center, a dentist with Children's Hospital, inspects the mouth of Megan Lee while her mother, Karen, and Dr. James Ruben, a dentist with the Health Department, look on. The Health Department's Dental Clinic increased its promotion of dental care for children under age three in 2006.

◆ **The Health Department coordinated the development of the Community Wellness Coalition of Knox County which began meeting in September. The group focused on prescription assistance for the uninsured and under-insured and worked to improve access to medical care and public benefits.**

◆ **Promotion efforts included monthly radio programs, coupons for free cholesterol checks on prescription bags, stop smoking ads at the movie theater and on MOTA buses, and immunization business cards at various locations.**



Judy Hoffman, RN, gives a flu shot during a drive-thru clinic Oct. 28. Despite cool temperatures, high winds, rain and sleet, more than 700 people participated in the mass vaccination clinic held at the Knox County Fairgrounds.

◆ **In August, Shirley Timpe, a retired registered nurse from Mount Vernon Nazarene University joined the Board of Health.**



The Home Health program celebrated its 40th anniversary in 2006. Among the many patients who have benefited from this successful Health Department program is A.D. Lindsay of Danville, shown here with his care team, (L-R), Occupational Therapist Regina Pilotte, his daughter Nancy Minard and Home Health Nurse Deborah Hammons.



This abandoned burned-out trailer was one of several solid waste nuisance complaints handled by the Environmental Health Division as it worked with townships, villages and the city to clean up areas that are a health hazard.

◆ **On Oct. 25, New Hong Kong Buffet was closed for failure to correct recurring violations. The initial 14-day closing was extended until Dec. 12, when all violations were corrected and a certified food safety manager was hired for the restaurant.**

FRONT PAGE PHOTOS (Top to bottom, L to R)

1. The MammoVan visited the Knox County Health Department twice in 2006 as part of women's health services for the uninsured and under-insured. Using funds from the Osteopathic Heritage Foundation grant, 56 women received free mammograms during the visits. 2. Trooper Nick Shaw of the Ohio Highway Patrol instructs youth during a simulated sobriety test in the Health Department booth at the Knox County Fair. Using Fatal Vision Goggles, which

simulate being under the influence of alcohol, the youth tried to walk a straight line. 3. Colette Hart and her son, Cameron, enjoy a meal at a picnic for breastfeeding moms and their children during World Breastfeeding Week. The picnic was a collaborative event sponsored by the WIC program, the LaLeche League and Knox Community Hospital. 4. Director of Nursing Jackie Fletcher administers a Tetanus shot during Amish Health & Safety Day. An estimated 150 Amish attended the first-ever event held at Hostetler's Auction Barn in Danville. 5. The Help Me Grow staff worked with I-Conn Video Production to create an educational video about program

benefits and parent's rights. 14-year-old Quentin Platt was narrator of the five-minute video which received statewide attention. 6. Recipients of the 2006 Partner in Public Health award presented in April as part of National Public Health Week were: **United Way of Knox County** represented by Tim Elder and Jennifer Odenweller; **Head Start of Knox County** represented by Peg Tazewell and Rene Sutherland; **Mary Samuell** of the Drug and Alcohol FREEDOM CENTER; the **Small Steps** program through Moundbuilders Guidance Center represented by Krista Krall and Melissa Wilks; and the **Knox County Citizen Corps**, represented by Marwood Hallett.

FAMILY & COMMUNITY HEALTH SERVICES

GENERAL MEDICAL CLINIC

Patients Served	1,662
New Patients	830
Adults	1,493
Children	219

CHILD HEALTH CLINIC

Patients Served	450
New Patients	223
Total Visits	455

DENTAL CLINIC

Patients Served	2,789
New Patients	1,380
Total Visits	2,863

IMMUNIZATION PROGRAM

Childhood Shots	5,494
Flu	2,496
Tetanus	369
Hepatitis B	676

TUBERCULOSIS CONTROL

PPD Skin Tests	1,126
Confirmed TB Cases	0

HELP ME GROW PROGRAM

Referrals Received	514
# of Prenatal Home Referrals	15
# of Newborn Home Referrals	313
Total Visits	1,127

COMMUNICABLE DISEASE

Class A Diseases Reported	124
Class B Diseases Reported	51

WIC (WOMEN, INFANTS & CHILDREN)

Certified Visits for the Year	2,980
--------------------------------------	--------------

BCMH Program

Consultations	800
----------------------	------------

Home Health Care

Referrals Received	433
Patients Admitted	282
Total Visits	12,801

HEALTH EDUCATION AND PROMOTION

School Presentations	500
# Students Served	11,527
Public Presentations	361
Collaborative Projects	251