

The Board of Health of the Knox County Health District held a regular meeting in the agency conference room with a digital platform option through Zoom for staff and guests only. The following were in attendance:

| Board Members: | Staff: | Zoom: | |
|---------------------------------|-----------------------------------|------------------------------|--|
| Jeff Harmer, President | Zach Green, Health Commissioner | Cynthia Miller, WIC Director | |
| Jason Whaley, President Pro-Tem | Shauna Schacht, Health Center CEO | Nancy Rodway, MD, CMO | |
| Barry George, MD | Joyce Frazee, HR Director | | |
| Eric Siekkinen | Nathan Overholt, EH Director | | |
| Diane Goodrich | Katie Hunter, Fiscal Director | | |
| Dan Brinkman | Nan Snyder, Clinical Director | | |
| Megan Rice | Stacy Gilley, BH Director | | |
| Barb Brenneman | Deanar Sylvester, QI Director | | |
| | Kaitlyn Hamm, Dental Director | | |
| | Tina Cockrell, PHEN Director | | |
| | Kristi Thomas, HR Generalist | | |
| | Absent: | | |
| Amanda Rogers, DVM | | | |
| | Guest: | | |

1. Convention

1.1. Call to Order

Jeff Harmer called the meeting to order at 6:32pm.

1.2. Acceptance of Agenda

Eric Siekkinen made a motion to accept the agenda with the addition of an executive session. Megan Rice seconded the motion; in the negative: none. The motion was approved.

1.3. Approval of minutes for January 15, 2025

Eric Siekkinen made a motion to approve the minutes for January 15, 2025. Barry George, MD, seconded the motion; in the negative: none. The motion was approved.

1.4. Approval of Bills

Eric Siekkinen made a motion to approve the bills. Barb Brenneman seconded the motion; in the negative: none. The motion was approved.

1.5. Public Participation - None

2. Hearings/Readings/Regulations - None



3. Special Reports

3.1. Board Report

Jeff Harmer reported that board member Dan Brinkman will no longer be part of the Board of Health. Dan took a position as the city auditor and has resigned from the board due to a conflict of interest. Jeff expressed his deepest thanks to Dan for the time he served with the board and wished Dan the best of luck in his new adventure.

Dan Brinkman expressed his gratitude to the Board of Health and hoped that his contributions helped to make a difference.

3.2. Health Commissioner

- Please join me in extending a warm welcome to our new Health Center CEO and Chief Medical Officer.
- Legislative updates:
 - HB 96: State Budget Bill Introduced
 - Under current review (over 4,000 pages)
 - SB 57 Cannabis Taxation
 - Increase of 10% for jails, LE training, and expungement program
 - Ohio Department of Medicare/Medicaid (ODM)
 - Pursuing cuts to the 340b program
 - Governor's office actively pursuing school based health center funding
 \$20 million for ODH
 - HB 257 Public Bodies Virtual Meetings
 - Compensation vs. Per Diem clarification
- Facilities:
 - Downtown Development
 - Draft Master Plan: Reviewed by all staff & revisions will be proposed at the end of February.
- School Based Health Center Centerburg
 - Portable Behavioral Health: Workshop February 20th
 - Acute/Urgent Telehealth: Workshop March 20th
- Strategic Plan Update
 - Leadership modules FY2025
 - KANE learning
 - Agency Organizational Chart
 - Will be presented to personnel committee in the near future
 - o Compensation & Classification review two vendors recommended
 - Workforce/Personnel Committee (securing references)
 - Need to establish a Capital Campaign Committee w/Board Members
 - Cramer & Associates Partners in Philanthropy
- Seasonal Illness:
 - Influenza season (primarily Flu A) and Norovirus at peak levels
 - Hospitalizations for influenza is nearly three times the threshold



- RSV and COVID cases are declining (still at moderate levels)
- On The Horizon:
 - Emotional Health Forum slated for April 29th
 - Seeking HRSA funding for Community Health Workers (CHWs)
 - Upgrading Environmental Health Platform: HS Cloud
 - ODH platform (Accela) presents major concerns

4. New Business

4.1. Finance

4.1.1. Revenue and Expenses

Eric Siekkinen made a motion to approve the revenue and expenses. Megan Rice seconded the motion; in the negative: none. The motion was approved.

4.1.2. Approval of Resolution 2025-02, transfers and advances.

Eric Siekkinen made a motion to approve Resolution 2025–02, transfers and advances. Jason Whaley seconded the motion; on roll call the following voted in the affirmative: Jeff Harmer, Jason Whaley, Eric Siekkinen, Barb Brenneman, Diane Goodrich, Barry George, MD, and Megan Rice; in the negative: none. The motion was approved.

4.2. Personnel - None

4.3. Contracts

4.3.1. Approval of the sublease agreement with Dr. Brian L. Barkett, Psy.D., and the Knox County Community Health Center for the rental of office #2 at 206 S Mulberry Street, Mt.Vernon, Ohio 43050, effective March 3, 2025 through February 2, 20276, with a monetary value of \$225/month and a maximum of \$2,700/year.

Eric Siekkinen made a motion to approve the sublease agreement with Dr. Brian L. Barkett, Psy.D., and the Knox County Community Health Center for the rental of office #2 at 206 S Mulberry Street, Mt.Vernon, Ohio 43050, effective March 3, 2025 through February 2, 20276, with a monetary value of \$225/month and a maximum of \$2,700/year. Jason Whaley seconded the motion; in the negative: none. The motion was approved.

4.3.2. Approval of the contract with NACCHO for the Infection Prevention and Control (IPC) Learning Collaborative for Project Finishline, effective January 22, 2025 through June 30, 2025 with a total reimbursement amount of \$90,000 - pending legal approval.

Eric Siekkinen made a motion to approve the contract with NACCHO for the Infection Prevention and Control (IPC) Learning Collaborative for Project Finishline, effective January 22, 2025 through June 30, 2025 with a total reimbursement amount of \$90,000 - pending legal approval. Barb Brenneman seconded the motion; in the negative: none. The motion was approved.



4.4. Board Approvals

- 4.4.1. Accept the Notice of Awards from United Way for the following KPH Programs:
 - Knox Health Planning Partnership: Knock Out Tobacco, \$10,000
 - Community Health Worker for Mother and Infants, \$10,000
 - Community Health Worker for Seniors, \$10,000
 - Teen Community Garden Program, \$7,500

Jason Whaley made a motion to accept the Notice of Awards from United Way. Eric Siekkinen seconded the motion; in the negative: none. The motion was approved.

4.4.2. Accept the Notice of Award from the NACCHO for Resilience Catalyst in Public Health New Tools Pilot project in the amount of \$15,000 with an estimated performance period of February 2025 through May 2025.

Diane Goodrich made a motion to accept the Notice of Award from the NACCHO for Resilience Catalyst in Public Health New Tools Pilot project in the amount of \$15,000 with an estimated performance period of February 2025 through May 2025. Eric Siekkinen seconded the motion; in the negative: none. The motion was approved.

4.4.3. Approval of the agency Emergency Operations Plan.

Eric Siekkinen made a motion to approve the agency Emergency Operations Plan. Jason Whaley seconded the motion; in the negative: none. The motion was approved.

4.4.4. Approval of the 2025 Sliding Fee Scale based on the 2025 Federal Poverty Guidelines.

Eric Siekkinen made a motion to approve the 2025 Sliding Fee Scale based on the 2025 Federal Poverty Guidelines. Jason Whaley seconded the motion; in the negative: none. The motion was approved.

4.4.5. Adopt the 2024 Knox Public Health fee schedule, which includes the Knox County Community Health Center fees and Sliding Fee Schedule.

Eric Siekkinen made a motion to adopt the 2024 Knox Public Health fee schedule, which includes the Knox County Community Health Center fees and Sliding Fee Schedule. Barb Brenneman seconded the motion; in the negative: none. The motion was approved.

4.4.6. Approval of the out-of-state travel for David Hatley to attend the Epidemiology Conference in Atalanta, Georgia, April 4, 2025 through April 11, 2025, with a monetary value of \$430.

Eric Siekkinen made a motion to approve the out-of-state travel for David Hatley to attend the Epidemiology Conference in Atalanta, Georgia, April 4, 2025 through April 11, 2025, with a monetary value of \$430. Jason Whaley seconded the motion; in the negative: none. The motion was approved.



4.4.7. Approval of the out-of-state travel for Joe Porter to attend the Mobility Management Transit Retreat in Des Moines, Iowa, June 24, 2025 through June 27, 2025, with a monetary value of \$2,030.80.

Eric Siekkinen made a motion to approve the out-of-state travel for Joe Porter to attend the Mobility Management Transit Retreat in Des Moines, Iowa, June 24, 2025 through June 27, 2025, with a monetary value of \$2,030.80. Barry George, MD, seconded the motion; in the negative: none. The motion was approved.

5. Board Information (Non-Action Items)

- Health Commissioner/CHC CEO approved/signed the following:
 - Amendment to the Union County Agreement, increasing the reimbursement rate from \$31,000 to \$32,500, effective January 15, 2025.
 - Renewal of the contract with Huntington Billboards for a billboard advertisement in Danville, Ohio, effective March 25, 2025 through January 1, 2027 with a total monetary value of \$9,072.
 - Renewal of the MOU with the Ohio State University for the SNAP-Ed program (WIC) for FY26.
 - Renewal of the contract with NexGen Advertising for a digital advertisement, effective February 5, 2025 through February 4, 2026 with a monetary value of \$713.40/year.
 - Food voucher program with Don Leo's effective February 14, 2025 through February 13, 2026.
- Leadership Team See Appendix A

6. Executive Session

At 6:58pm, Eric Siekkinen made a motion to go into executive session for compensation and personnel. Barb Brenneman seconded the motion; on roll call the following voted in the affirmative: Jeff Harmer, Jason Whaley, Eric Siekkinen, Barb Brenneman, Diane Goodrich, Barry George, MD, and Megan Rice; in the negative: none. The motion was approved.

At 7:28pm, Eric Siekkinen made a motion to return to regular session. Barry George, MD, seconded the motion; on roll call the following voted in the affirmative: Jeff Harmer, Jason Whaley, Eric Siekkinen, Barb Brenneman, Diane Goodrich, Barry George, MD, and Megan Rice; in the negative: none. The motion was approved.

Jason Whaley made a motion to approve the one-time stipend for the following individuals in recognition of their contributions and oversight of additional responsibilities beyond their regular scope during the transition of the Chief Executive Office (CEO) role for the community health center: Shanea Mantel: \$5,000, Katie Hunter: \$5,000, Nan Snyder: \$10,000, and Zach Green: \$15,000. Diane Goodrich seconded the motion; in the negative: none. The motion was approved.



7. Adjournment

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With no other business Eric Siekkinen made a motion to adjourn the meeting. Barb Brenneman seconded the motion; in the negative: none. The motion was approved.

The meeting adjourned at 7:32pm.

Jeff Harmer, President

Zach Green, Health Commissioner



Appendix A

Leadership Reports

FISCAL DIRECTOR – Katie Hunter

Resolution 2025-02

- Enhanced Operations Grant funds were transferred from supplies to fees to cover expenses for the NACCHO Grant we received. All expenses were pro-rated at 5.5 months, the enhanced operations grant is able to pick up and cover the difference.
- The Drug Free Communities Grant had to pay \$202.92 for the workers compensation annual bill and we only budgeted \$200, the additional \$2.92 was transferred from supplies.

| SUMMARY OF BILLS January 2025 | |
|--|--------------|
| FUND | AMOUNT |
| 801 - General Fund | 40,281.36 |
| 806 - Food Service Fund | 128.63 |
| 807 - Private Water Fund | 1,894.28 |
| 808 - WIC Grant | 154.91 |
| 809 - Sewage Program Fund | 356.30 |
| 811 - Creating Healthy Communities Grant | 448.15 |
| 812 - Public Hith Emergency Preparedness Grant | 245.00 |
| 814 - Community Health Center Grant | 361,202.46 |
| 820 - ODH Grants | 583.82 |
| 821 - Mobility Management | 115.45 |
| 830 - Drug Free Communities | 8,406.00 |
| Total | \$413,816.36 |
| THEN & NOW | |
| 801 - General Fund | 5,040.00 |
| 814 - Community Health Center Grant | 49,713.80 |
| 820 - ODH Grants | 7,298.39 |
| 830-Drug Free Communities | |
| Total | \$62,052.19 |

Shanea Mantel Health Center Finance Report:

The total revenue for the month of January is \$459,059.06, of which \$357,093.23 is fees for service. This is a 19% decrease from November's fees for service of \$439,502.93.

Included in revenue for January:

- \$107,345.48 Medicaid Wrap
- \$37,877.31 Immunization Revenue



- \$5,303.43 CPC (Comprehensive Primary Care)
- \$8,722.42 CIN (Health Centers of Ohio Clinically Integrated Network)

Grant revenue totals \$100,561.33:

- \$84,350.00 Main Health Center Grant
- \$16,211.33 School Based Health Center Grant

As of January 31, 2025:

- Project Income: \$358,497.73
- 340B Park Account Ending Balance: \$119,943.85
- County Fund Balance: \$1,625,119.18
- Cash on Hand 2.5 Month

Health Center expenses for January totaled \$689,551.51, a 24% increase from December's \$553,990.42 expenses. Salaries and related costs, such as PERS, Unemployment/Medicare, Insurance, and contracted personnel included in professional services (50305), made up 58% of the expenses for the Health Center in January.

Aging receivables (total AR) for January total \$714,345.97. This is an increase of 3% from December's AR of \$690,645.77.

HUMAN RESOURCES DIRECTOR – Joyce Frazee

- On Feb 20th, Knox Public Health will serve as a sponsor for the Leadership Knox program. As part of this initiative, I will be facilitating Leadership Day, where I will engage with participants, facilitate discussions, and contribute to an inspiring day of leadership development and community engagement. KPH sends two staff to participate each year.
- Lindsey Gilkey, Nurse Practitioner has submitted her resignation effective April 25th. Lindsey is employed as a contractor through Knox Community Hospital and is planning to step away from patient care to pursue other avenues that will give her more time at home with her family.
- HR has been keeping up-to-date with the new executive orders the President has been issuing
 - Although the DEI language is being removed from government policies, procedures and documents, that does not take away Title VII language

ENVIRONMENTAL HEALTH DIRECTOR – Nate Overholt, RS

• Knox Public Health was awarded \$75,000 for the 2025 Water Pollution Control Loan Fund through the Ohio Environmental Protection Agency. A resolution will be brought in front of the board of health next month to submit with the contract. Monies are projected to be released in May 2025. We are grateful for the opportunity to provide



funding for homeowners who qualify for assistance to repair/replace failing household sewage treatment systems.

 Food License Renewal Applications have been sent out to all licensed facilities and are due on March 3, 2025, except for mobile food service operations and seasonal facilities. If received or post marked after March 2, 2025 there will be a 25% late fee applied to the renewal fee.

PUBLIC HEALTH EDUCATION AND NURSING DIRECTOR – Tina Cockrell

- Accreditation Beginning stages of creation of ethics committee. Recruiting members throughout January and February with the first meeting in March.
- Communicable Disease Nurse completed Grief Recovery Method Specialist training will be developing rollout of community support and education. Working Christopher Liberati, Lead Pastor, and Glen Needham, Tick Doc along with EH Director Nate Overholt and Epidemiologist David Hatley to collaborate on Lyme Disease/VBD awareness & prevention. Tentatively, 5/7 and 5/14 are potential presentations at Gay Street United Methodist Church.
- CPR CPR for the February 14 event filled up quickly. Will be looking to start regular programming moving forward based on demand and availability.
- Cribs for Kids 4 cribs distributed in January. On target for a goal of 56 for the grant year (Oct 2024 - Sept 2025)
- Newborn Home Visits-Completed only 1 visit. Referrals have been low. Only 35 births occurred in Knox in January.
- Epidemiology Received Council of State and Territorial Epidemiologist (CSTE) grant to pay for travel to Atlanta, GA Epidemiology Conference April 4-7. The request for out of state travel will cover any meals costs during the trip and all other expenses covered by grant.
- Emergency Preparedness Request to approve updates made to the emergency operations plan is on the agenda. Finished updating the Annex Q: Volunteer Management Plan in our Emergency Response Plan. Removed Medical Reserve Corp (MRC) language where needed, but kept Community Emergency Response Team (CERT) as they are still relevant at this time. MOU table (Pg 40) updated the effective dates, the contact names and phone numbers. Annex S- All Hazard Response Plan updated.
- Director of Nursing Our first Bingocize group will be wrapping up in February. This

 week, 20 session program which is designed to reduce falls risks through education
 and exercise, also provides social engagement through the game of bingo and
 discussion questions. This first program has been well received by seniors at Station
 Break senior center. Several people from our PHEN division have had the opportunity
 to attend a session and they would all agree it is fun and it is definitely a good workout.
 To honor the grant requirements set by ODH we are required to conduct at least one
 more 10 week program by mid summer. We hope to keep this program going even
 after the grant requirements have been met. We have partnered with the YMCA to



provide free blood pressure screenings for Hearth Month along with a healthy heart smart tips from Tami Ruhl on February 21.

- Tobacco KHPP received \$10,000 investment from United Way for 2025 to assist with our tobacco cessation program. Applying for competitive TU26 ODH grant for tobacco due Feb 24
- Lead Poisoning Pleased to report no new confirmed cases for January!
- Mobility Management Project Sidewalk is live and people are using it. At the . January Transportation Advisory Committee (TAC) meeting, the group agreed to serve as the City of Mount Vernon TAC rather than MV duplicating a committee. The TAC agreed to create a program in partnership with Interchurch Social Services to assist with transportation for those in demographics that 'fall through the cracks'. This program will kick off through subcommittee work in identifying the program document and framework to assist with identifying the funding sources. Working with MORPC and CORPO to discuss how to get the multiple transportation plans that are currently in place related to Knox County coordinated to one. Looking to identify volunteers for the MM program including someone from the Corporation for Ohio Appalachian Development (COAD) involved to see if trying to get a Retired Senior Volunteer Program (RSVP) established in Knox County. RSVP is an Americorps program with COAD as an Ohio partner. This much needed resource would help get seniors to medical appointments as well as other needs they may have. Another 1000 Transportation and Mobility Guides will be printed in February. The guide will run as an insert in the Mount Vernon News and Knox Weekly News along with some other information regarding transportation and mobility resources in Knox County. Also on the agenda is a request for out of state travel in June for the Mobility Management Conference in Iowa, All expenses are outlined through the Mobility Management grant.
- Creating Healthy Communities(CHC)- The Mount Vernon Farmers' Market Board has
 officially adopted the Holiday Farmers' Market. The 2024 pilot market, funded by
 KPH-Creating Healthy Communities grant dollars, proved successful and will continue
 this year. Moving forward, the Mount Vernon Farmers' Market will oversee vendor
 registration, market management, building fees, and other logistics. This transition
 aligns with the KPH-Creating Healthy Communities sustainability plan to ensure the
 long-term success of extending the farmers' market into the winter market. KHPP was
 awarded \$7500 to assist with the Teen Garden Project.
- Drug Free Communities Tina, Anthony and Emily McConville attended the annual CADCA conference in National Harbor, MD. Will be purchasing Escape the Vape project for schools to use with students. Hidden in Plain Sight programs are being requested in the schools we will present to MVMS teachers and parents in March. Completed Grief Recovery Method training, will be working to provide grief groups for individuals who have lost loved ones to substance use, overdose or suicide. The Communities Coming Together Conference is scheduled for June 3-4 at Kenyon College.
- Project Dawn 51 naloxone distributed in January.



- **Complex Medical Help (CMH)** 6 visits completed. Currently working with a parent that works at KCH & she is trying to send information to KCH Administration to attempt to get some local specialists CMH approved (my previous attempts have failed). Providers must be a specialist currently trying for Dr. Suzanne Helming in ENT.
- **Public Relations -** Will be advertising at the BMV this year this contract is listed under already signed by the Health Commissioner. We will monitor the outreach and effectiveness of this advertisement opportunity.
- Senior Health and Wellness/Community Health Worker (CHW)- KHPP received funding to support our Community Health Worker project. Plans will be for Lillian Collins to begin working with pregnant moms and provide support. KHPP received \$10,000 to support the work with pregnant moms and \$10,000 to support the senior health CHW project.

WIC DIRECTOR - Cyndie Miller, RD, LD, CLC

- Knox County WIC initial caseload for January 2025 is 802, a decrease of 26 from December 2024 due to decreased appointments seen – 2 Holidays and clinic move.
- Knox County WIC's breastfeeding initiation rate for January has decreased from 62.16% to 60.89%
- Bi-weekly calls with State WIC continue. Recent shortages of Enfamil Prosobee (Soy) formula have seen local improvements.
- The WIC Clinic moved back to KPH Main at the 11660 Upper Gilchrist location on January 10th.
- Planning has begun for National Nutrition Month (March) with the theme "Food Connects Us." We are collaborating with our local Snap-Ed program to create weekly videos including recipe demos.

CLINICAL DIRECTOR – Nan Snyder, RN

2025:

- 1,318 individual medical clients served in February
- 1,521 appointments completed out of 2,005 scheduled (76%)
 - 136 total No Shows (7%)

| Visit Status | Patient Count | % (Patient Count) | Visit Count | % (Visit Count) |
|---------------------------------------|----------------------|-------------------|-------------|-----------------|
| CANC : Cancelled | 156 | 10% | 163 | 8% |
| CANC R/S : PT Cancels and Reschedules | 109 | 7% | 123 | 6% |
| CHK : Checked Out | 1318 | 84% | 1521 | 76% |
| N/S : No-Show | 130 | 8% | 136 | 7% |
| PROV CANC : Cancelled due to provider | 61 | 496 | 62 | 3% |
| Summary | 1,572 | | 2,005 | 100% |

2024:

1,248 individual medical clients served in February



- 1,436 appointments completed out of 1,793 (80%)
- · 81 total No Shows (5%)

VFC and 317 vaccines are available at the MVHC and Danville Health Center for any patient with a face-to-face provider visit.

We successfully completed our Ohio Board of Pharmacy inspection for the BH of MVHC.

There has been an increase in acute respiratory illness at all clinics. These are being identified by CLIA-waived tests we perform in the clinic. This year, the addition of Healthtracks Rx to our labs has enabled the providers to also send out swabs for further testing to further identify the causes of the symptoms.

Know anyone who hasn't received their flu shot. Send them our way; we still have a supply for all ages.

BEHAVIORAL HEALTH DIRECTOR - Stacy Gilley, LISW-S

• Paul Hart Ruthenbeck, LCDCIII, reports: I am working on setting up a meeting with Alice Teall the Senior Director of Wellness at Kenyon College to see how we can collaborate and better serve students with Substance Use issues. She has been very open to this meeting, but due to the increase in flu cases at Kenyon it has been difficult to find a time that works. I will continue to follow up with Alice.

I have been working with a client for the past 7 months. She first started coming to the Tuesday night SMART Recovery meeting and then realized she needed more support and entered into treatment. She has just informed me that she has been accepted to be placed on the transplant list at OSU.

- Chris Remy, LISW-S, reports: I've been working with a 10 year old boy for just over a year. His mother brought him to counseling due to behavioral issues at school and some issues of defiance at home. Over the course of the year he has all but eliminated the negative behaviors at school and has stepped up in being more compliant at home leading him to be discharged from counseling due to the positive changes he has made.
- Kristina Foreman, LISW-S, LICDC-CS, reports: I have a client who I have been seeing for the past year who has made significant progress in her treatment for her PTSD and ADHD. She identifies an ability to implement organizational and planning skills which have allowed her to find a job she really enjoys and she is able to keep up with the demands. When I initially began seeing her, she struggled to regulate her emotions and would frequently cry throughout each session. She is now able to better regulate her emotions and infrequently cries. In the past year, we have worked on developing a long list of coping strategies she can utilize in times of distress. She reports that she rarely needs to utilize them anymore as she experiences overall less anxiety and has a regular routine of self-care activities. She now is teaching other

.



people the coping skills she learned in treatment. Her relationship with her husband and children has also improved and she identifies an ability to feel closer to them. Lauren Sanders, LISW-S, reports: I have a client that I have been working with for. coming up on, 3 years. He has had a traumatic brain injury for almost 4.5 years. He has made AMAZING progress in the time I have worked with him! When we met, he would say a couple word phrases and his family member would share with me the whole background story. I was able to learn enough stories over time to be able to hear a phrase and know what he wanted to talk about with context. Today, my client is speaking in sentences and we are able to have an extensive and elaborate conversation. I believe our weekly sessions have contributed to this as it has challenged his brain to "find the words." When I first met this client, he had intense fear of transferring from his wheelchair to the toilet or bed with full assistance, for fear that he would fall and get hurt as badly as he did in the initial accident that led to his TBI. Today he is walking with minimal assistance - a goal we have been working on since the beginning. The client has done amazing work implementing coping skills as we work together to find what works for him. These coping skills have greatly helped the client manage his anxiety to be able to make next steps (literally) toward progress. This has led to more opportunities to be social which has greatly improved his mood as well. He is engaging in EMDR with my coworker (who has been amazing, learning how EMDR impacts the brain with a TBI) to process memories that his body has but his brain cannot access. He has been engaging in various therapists to improve his functioning and manage pain. Recently he made a connection in the community where he learned there is a support group for those with traumatic brain injuries in our area! We have been working on his goal to go out and socialize for a long time - and this led him to a hopeful future of making connections with individuals that understand his personal experience!

I have a client that has been "coparenting" with her cousin where they are caring for their own children as well as the children of a mutual cousin that passed away due to an overdose. They have had difficulty with differing parenting styles and the cousin has been "resistant" to hear what she needs to do to make healthy changes for the family. I have been working with my client on improving relationships and her mood by implementing communication skills. She spoke with her cousin and she is open to family therapy! She is also hopeful that her daughter's father will be open to family therapy in the future for their coparenting as well. The client has also made great progress in processing trauma. Her past trauma led her to participate in multiple relationships (polygamy) which were causing her new trauma and pain. In processing sessions, she is now in a relationship with one individual and she is very happy, and continues to work toward healing her past to work toward meeting her future goals.

I have been seeing a client since just before she turned 18. In reviewing state laws we identified that we were able to administer counseling services to her without parental consent for a limited amount of sessions. This was in the best interest of the client due to enduring



long term abuse from her parents and is living with her boyfriend's family. The client turned 18 and we were able to connect her with other services in the health center - she is obtaining medical and dental care that she was not allowed access to for a long time. She is becoming healthier, is feeling happier, and is much more sociable in session to work toward meeting her goals.

| Monthly Total Checked-Out ALL | 550 | 63.95% |
|---|-----|---------|
| Monthly Total No Show ALL | 51 | 5.93% |
| Monthly Total Cancelled ALL | 85 | 9.88% |
| Monthly Total Cancelled Rescheduled ALL | 101 | 11.74% |
| Monthly Total Provider Cancelled ALL | 73 | 8.49% |
| Monthly Total Encounter ALL | 860 | 100.00% |

QUALITY DIRECTOR - Deanar Sylvester, RN January 2025

| MEASURE | AT SULT |
|---|---------|
| Childhood Immunization Status (CMS 117v12) | 0.0% |
| Child Weight Assessment / Counseling for Nutrition / Physical Activity (CMS 155v12) | 52.1% |
| BMI Screening and Follow-Up 18+ Years (CMS 69v12) | 84.6% |
| Depression Remission at Twelve Months (CMS 139v12) | 7.9% |
| Screening for Depression and Follow Up Plan (CMS 2v13) | 87.7% |
| Tobacco Use: Screening and Cessation (CMS 138v12) | 58.5% |
| Colorectal Cancer Screening (CMS 130v12) | 19.7% |
| Cervical Cancer Screening (CMS 124v12) | 22.6% |
| Breast Cancer Screening Ages 50-74 (CMS 125v12) | 46.1% |
| Hypertension Controlling High Blood Pressure (CMS165v12) | 84.9% |
| Statin Therapy for the Prevention and Treatment of Cardiovascular Disease (CM5 347v7) | 73.4% |
| Diabetes A1c > 9 or Untested (CMS 122v12) | 28.7% |
| IVD Aspirin Use (CMS 164v7) | 65.0% |
| HIV Screening (CMS 349v6) | 8.9% |
| HIV and Pregnant | 0.0% |
| HIV Linkage to Care | 0.0% |
| Dental Sealants for Children between 6-9 Years (CMS 277v0) | 23.8% |
| | |

Incident/ Grievance Reports- (January 2025)



11 incidents reported for the month of January, no Injuries noted. 16 various incidents occurring throughout 2024 were reported late, during the month of December. Of the 27 incidents reported, 17 were related to scanned document issues.

The 2024 UDS report will be submitted on or before February 15, 2025. Throughout the process for gathering data, we have discovered several needs to develop more efficient processes that will improve data capturing. The quality team is working to develop a chart auditing tool, to mitigate any potential documentation issues, identify opportunities for staff education, and enhance the quality of care delivery, to improve patient outcomes.

Lillian Collins- Patient Care Navigator

The month of January started out slow for me, but things started to pick up toward the end of the month. I had a total of 28 contacts with 23 patients and received 15 referrals. \cdot

Referral reasons:

Medicaid-4 Financial resources-4 Nutrition/Produce Rx-4 Transportation-2 Furnace repair/replacement-2

· Resources given:

Added to KAT list "free" transportation to Health Centers-2 Licking co transportation-1 Coshocton co transportation-1 Home Weatherization Assistance Program-2 Food pantries-1 SNAP application-1 Medicaid application-2 WIC appointment-1 Sliding Fee Scale-1 Subsidized apartment list-1 14 sets of produce vouchers provided, totaling \$780 (12 sets of \$60, 2 sets of \$30).

In January, I began working towards adding Don Leo's market in Danville as a vendor to accept the produce vouchers. Participants that live in the Danville area often tell me that it would be great to have Don Leo's as a place to shop because it is convenient, has good variety, and great prices. I think having Don Leo's as a vendor will improve the participation of the Produce Rx Program for those living in the Danville area.

KNOX PUBLIC HEALTH

Tara Mertler- Population Health Navigator

Medicare Annual Wellness:



2025 Areas of focus:

| Focus | 2024 Performance | |
|--|--|--|
| Childhood Weight Assessment/Counseling for Nutrition/Physical Activity Counseling | 33.6% Target 80% | |
| Colorectal Cancer Screening *Continued Focus from 2024 | 15.7% Target 50% | |
| Dental Sealants for Children between 6-9 years * Continued Focus from 2024 | 83.33% Target 80% | |
| Depression Remission at 12 months | 5.3% Target 15% | |
| Tobacco Use: Screening and Cessations | 66.5% Target 85% | |
| Social Determinates of Health (SDOH- Assessment Recorded | N/A *Just starting to measure in 2025 | |

DENTAL DIRECTOR - Kaitlyn Hamm, RDH

In January, KCCHC dental clinics saw an increase in completed patient encounters (130 more) compared to the previous month. The backfill of the EFDA position at the Danville location has allowed Dr. Meier to run two lanes again helping contribute to the increase in patient encounters. In addition, Dr. Baik, and the Dental Hygienists at the Mount Vernon location have maintained steady schedules over the last month resulting



in the higher outcome of patient encounters. Our newest hires, Dr. Baik - DMD and Jeanie Wilson - EFDA, have been a great addition to our dental team and bring many years of experience with them that will play a key role in our success as a division. Starting next week, Dr. Baik's schedule will change to reflect two open lanes per day, which will ultimately lead to greater availability for patient access to care.

In February, the American Dental Association (ADA) celebrates the month by honoring National Children's Dental Health and by doing so, ADA sponsors the Give Kids A Smile (GKAS) program. Partnering with GKAS, myself and some team members are giving educational dental presentations to local third grade classrooms on the importance of proper dental care and how their dietary choices affect their oral health. These presentations began on February 7th with Danville and Centerburg Elementaries and will go through mid March to complete the remainder of the surrounding elementaries.

| Visit Status | Visit Count | % (Visit Count | |
|---------------------------------------|-------------|----------------|--|
| CANC : Cancelled | 114 | 13% | |
| CANC R/S : PT Cancels and Reschedules | 121 | 14% | |
| CHK : Checked Out | 531 | 60% | |
| N/S : No-Show | 94 | 11% | |
| PROV CANC : Cancelled due to provider | 31 | 3% | |
| Summary | 891 | 100% | |

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| Appointment / Servicing Provider | Visit Status | Visit Type | Visit Count | % (Mait Count) |
|----------------------------------|-------------------|-------------------------------------|-------------|----------------|
| Baik, Hannah B | CHK : Checked Out | D ER : Dental Emergency | 12 | 296 |
| | | D HYG : Dental Hygiene | 173 | 33% |
| | | D LS 1F : Look and See or 1 Filling | 31 | 6% |
| | | D SEALANTS : Dental Sealants | 1 | 0% |
| | | D TX : Dental Treatment | 60 | 11% |
| | CHK : Checked Out | | 277 | 52% |
| Baik, Hannah B | | | 277 | 52% |
| Cheek, John Arthur | CHK : Checked Out | D Cons : Dental Consultation | 22 | 4% |
| | | D ER : Dental Emergency | 3 | 1% |
| | | D TX : Dental Treatment | 15 | 3% |
| | CHK : Checked Out | | 40 | 8% |
| Cheek, John Arthur | | | 40 | 8% |
| Meler, Melissa A | CHK : Checked Out | D ER : Dental Emergency | 12 | 296 |
| | | D HYG : Dental Hygiene | 81 | 15% |
| | | D TX : Dental Treatment | 121 | 23% |
| | CHK : Checked Out | | 214 | 40% |
| Meler, Melissa A | | | 214 | 40% |
| Summary | | | 531 | 100% |